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CASE REPORT

A CASE OF VITILIGO

Poonam Singh¹, Pranesh Kumar Singh²

¹Department of Medicine, Sri Ganganagar Homoeopathic Medical College Hospital and research Institute, Sri ganganagar, Rajasthan., ²Medical Officer, State Homoeopathic Dispensary, Narainpur, Kushinagar, UP

Abstract

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Key Word- Vitiligo,
Leucoderma,
Homoeopathy,
Autoimmune disorder.

Corresponding Author:-
Poonam Singh¹, Pranesh
Kumar Singh²,

¹Department of Medicine,
Sri Ganganagar
Homoeopathic Medical
College Hospital and
research Institute, Sri
ganganagar, Rajasthan.,
²Medical Officer, State
Homoeopathic
Dispensary, Narainpur,
Kushinagar, UP

Vitiligo is also known as leukoderma. It is an autoimmune skin condition with familial predisposition, characterized clinically by milky white patches or macules with scalloped margin that causes an immense psychological upset of the affected individual. This is a case of 34 yrs of man suffering from vitiligo, after considering totality of symptoms silicea 200 was prescribed. case show good improvement.

INTRODUCTION

Vitiligo is the pigmentary disorder of indefinite cause is characterized by depigmented or hypo pigmented patches that result from absence or reduction in melanocytes. Vitiligo is an acquired depigmentary disorder characterized by the loss of functioning epidermal

melanocytes. Vitiligo is an acquired noncontagious, idiopathic, depigmentation disorder in which progressive loss of functional melanocytes result in patchy depigmentation of the skin (Le Poole and Boissy, 1997). Even after extensive scientific research, the treatments of leucoderma are still very scarce and have

not been proven to work for a majority of people. Photochemotherapy involves the usage of UV rays for photoactivation of the drug to cause photosensitization of skin which in turn leads to repigmentation.

Homeopathy treats the person as a whole. It means that homeopathic treatment focuses on the patient as a person, as well as his pathological condition. Homoeopathy is a holistic form of medicine. Cost wise, there is no other medical system in the world which is as inexpensive as homoeopathy. It is economical so that it can reach out to the poorer sections of society.

CASE STUDY

Preliminary Data

- **Name** : Mr. S.T.
- **Age** : 34 yrs
- **Date**: 15/3/21
- **Sex** : Male
- **Religion** : Hindu
- **Residence** : Malukuhi
- **Occupation** : Business

Chief Complaint(S)

- White discoloration of the skin of thigh since 3 years
- No itching
- Black hair on that spot
- Constipation stool hard

History of present complaints-

- **Onset**- Insidious onset of white patch
- **Duration**- since 3 years,

- **Progress**- Progressive
- **Treatment if any**- Taken allopathic medicine for 4 months but no satisfactory improvement.

Past History: No severe disease

Family History:

- Mother – Asthma
- Father – OA

Personal History:

- Diet- Mixed
- Addiction- No
- Occupation- Business
- Single/Married- Married
- Number of children- 2
- Appearance : Dark complexion

Physical General:

- Perspiration : Normal
- Appetite : Normal
- Thirst : Normal
- Cravings : sweet
- Aversion : NS
- Bowel : Once/day
- Bladder : 3-4 times/day
- Sleep : Sound sleep
- Thermal state : Chilly

Mental General:

- Irritability
- Obstinate

Vital Signs:

- Temperature : Afebrile
- Pulse : 72/min.
- Respiratory rate : 18/min.

SYSTEMIC EXAMINATION:

- CVS: S1 & S2 Audible

- CNS: Consciousness and well oriented
- RS: B/L lung Clear
- Per Abdomen: Soft and non tender
- Skin- White Patch on thigh Rt side

Investigations: CBC- Normal

Pre Assesment of Vitiligo Score- 12

Vitiligo Symptoms Score				
For Pre and Post Assesment				
Vitiligo Symptoms Score (CCRH)				
Type	0 Improving	1 Stationary	2 Resistant	3 Progressive
Site of Lesion		1 Follicular	2 Mucosal	3 Acral
No. of Patch	0 Absent	1 Single	2 Segmentary	3 Generalized
Hair in Patch	0 Black		2 White	
Margin of Patch		1 Normal	2 Inflamed	
Color of Patch	0 Normal	1 Pigmentary spot on patch	2 Pink/Red	3 Milky White
Re-Pigmentation	0 Fully Pigmented	1 Perifollicular Pigmentation	2 Hyper Pigmentation of margin	3 No Pigmentation
Grading Score	Mild 2-6	Moderate 7-12		Severe 13-19

Provisional Diagnosis: Vitiligo

Miasmatic Expression: Psoro-Syphlis

Symptoms	Miasm
Irritability	Psora
Obstinate	Psora
White	Syphlis
Discoloration/vitiligo	
Constipation	Psora
Chilly	Psora
Sweet desire	Psora

Analysis and Evaluation of Symptoms-

Kentian Method	Symptoms
Mental	Irritability Obstinate
Physical	Chilly Sweet desire
Particular	White Discoloration /vitiligo Constipation

Totality of Symptoms-

Symptoms	Rubrics
Irritability	Mind- Irritability
Obstinate	Mind- Obstinate
Chilly	General –Cold Agg
Sweet desire	Food- Sweet desire
White	Skin- Vitiligo
Discoloration/vitiligo	
Constipation	Rectum- constipation

Repertorization:-

First Prescription

Rx:

- Silicea 200 BD for 5 days
- PL 30 for 10 days TDS

FOLLOW UPS:

Date	Symptoms	Medicine
25/3/21	Stool become soft	PL 200 TDS for 20 days
15/4/21	Pigmentation dot appear Constipation improved Mentally better	PL 200 TDS for 30 days
18/5/21	improving mental symptoms More Pigmentation dot appear Stool become normal once daily	PL 200 BD for 30 days
15/6/21	70 percent pigmentation done Constipation again	Silicea 200 / 3 DOSE OD PL 200 BD for 30 days
10/7/20	Patient is much better, Pigmentation 85	PL 200 BD for 30 days

percent done	
Stool become normal once daily	
Perspiration normal	

Post Assessment of Vitiligo Score- 6

Vitiligo Symptoms Score
For Pre and Post Assessment

Vitiligo Symptoms Score (CCRH)				
Type	0	1	2	3
Improving		Stationary	Resistant	Progressive
Site of Lesion		Follicular	Mucosal	Acral
No. of Patch	0 Absent	1 Single	2 Segmentary	3 Generalized
Hair in Patch	0 Black	1	2 White	
Margin of Patch		1 Normal	2 Inflamed	
Color of Patch	0 Normal	1 Pigmentary spot on patch	2 Pink/Red	3 Milky White
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